

# AUGUST - SEPTEMBER 2017



## CRAWFORD PUBLIC SCHOOLS BREAKFAST MENU



**\* INDICATES A NEW MENU ITEM.**

WG = Whole Grain

In addition to Menu Choice, Whole Grain Cereal & Toast, Juice/Milk are offered daily.

### Breakfast Prices

PreK-12: \$1.75

Reduced: \$.30

Free: \$.0

Adults: \$2.10

Monday	Tuesday	Wednesday	Thursday	Friday
<b>28</b> <b>Fruit Smoothie w/Granola</b> Cereal/Toast Fruit/Juice Milk Choices	<b>29</b> <b>Breakfast Burrito (Bacon, Egg, Cheese) w/Tri-tator</b> Cereal/Toast Fruit/Juice Milk Choices	<b>30</b> <b>Donut</b> Cereal/Toast Fruit/Juice Milk Choices	<b>31</b> <b>Biscuit and Gravy</b> Cereal/Toast Fruit/Juice Milk Choices	<b>1 September</b> <b>Sausage Pancake on a Stick</b> Cereal/Toast Fruit/Juice Milk Choices
<b>4</b> NO SCHOOL LABOR DAY	<b>5</b> <b>Bacon, Egg, Cheese Biscuit</b> Cereal/Toast Fruit/Juice Milk Choices	<b>6</b> <b>*Ham, Cheese, Egg Roll w/English Muffin</b> Cereal/Toast Fruit/Juice Milk Choices	<b>7</b> <b>French Toast Stix</b> Cereal/Toast Fruit/Juice Milk Choices	<b>8</b> <b>Cinnamon Roll (Frosted/Caramel)</b> Cereal/Toast Fruit/Juice Milk Choices
<b>11</b> <b>*Homemade Breakfast Sliders</b> Cereal/Toast Fruit/Juice Milk Choices	<b>12</b> <b>Pancakes/Sausage</b> Cereal/Toast Fruit/Juice Milk Choices	<b>13</b> <b>Breakfast Casserole</b> Cereal/Toast Fruit/Juice Milk Choices	<b>14</b> <b>Breakfast Cookie</b> Cereal/Toast Fruit/Juice Milk Choices	<b>15</b> <b>Scrambled Eggs w/ Ham Slice</b> Cereal/Toast Fruit/Juice Milk Choices
<b>18</b> <b>*Homemade Breakfast Pizza</b> Cereal/Toast Fruit/Juice Milk Choices	<b>19</b> <b>Breakfast Bowl</b> Cereal/Toast Fruit/Juice Milk Choices	<b>20</b> <b>Breakfast Burrito (Sausage, Ham, Egg)</b> Cereal/Toast Fruit/Juice Milk Choices	<b>21</b> <b>Coffee Cake</b> Cereal/Toast Fruit/Juice Milk Choices	<b>22</b> <b>Taco Roll</b> Cereal/Toast Fruit/Juice Milk Choices
<b>25</b> <b>Donut</b> Cereal/Toast Fruit/Juice Milk Choices	<b>26</b> <b>Biscuit and Gravy</b> Cereal/Toast Fruit/Juice Milk Choices	<b>27</b> <b>*Waffles w/Strawberries</b> Cereal/Toast Fruit/Juice Milk Choices	<b>28</b> <b>Yogurt Parfait</b> Cereal/Toast Fruit/Juice Milk Choices	<b>29</b> <b>*Tropical Banana Bread w/Fresh Fruit</b> Cereal/Toast Fruit/Juice Milk Choices

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## CRAWFORD PUBLIC SCHOOLS LUNCH MENU



*\* INDICATES A NEW MENU ITEM.*

WG = Whole Grain

### Lunch Prices

PreK-6: \$2.85

7-12: \$2.95

Reduced: \$.40

Free: \$.0

Adults: \$3.50

Monday	Tuesday	Wednesday	Thursday	Friday
<b>28</b> A. Hamburger/ Cheeseburger on *Ciabatta Bun B. Chef Salad French Fries *Side Kicks Straw/Mango Fruit/Veggie Bar Milk Choices	<b>29</b> A. Chicken Parmesan B. *Poor Boy Sub Sandwich Green Beans with Cheese Fruit/Veggie Bar Milk Choices	<b>30</b> A. Macaroni & Cheese w/Breadstick B. Crispy Chicken Salad Carrots Fruit/Veggie Bar Milk Choices	<b>31</b> A. Country Fried Steak w/Mashed Potatoes, Gravy B. Ham & Cheese Sub Corn Fruit/Veggie Bar Milk Choices	<b>1</b> September A. Pizza (Pepperoni/Cheese) B. Garden Veggie Salad Peas Rice Krispy Treats Fruit/Veggie Bar Milk Choices
<b>4</b>  NO SCHOOL  LABOR DAY	<b>5</b> A. Tacos (Hard or Soft) B. Chicken Caesar Salad Refried Beans *Chocolate Cupcake Fruit/Veggie Bar Milk Choices	<b>6</b> A. Creamy Pasta Primavera w Bread Stick B. Roast Beef Sub Broccoli Fruit/Veggie Bar Milk Choices	<b>7</b> * A. Beans & Weiners B. Oriental Turkey Salad Mixed Veggies Fruit/Veggie Bar Milk Choices	<b>8</b>  A. Lunchables B. Roast Beef Sub Cauliflower Ice Cream Bar Fruit/Veggie Bar Milk Choices
<b>11</b> A. Meatloaf w Hot Roll B. Chef Salad Mashed Potatoes/Gravy Green Beans Fruit/Veggie Bar Milk Choices	<b>12</b> A. BBQ Chicken Sandwich B. Taco Salad Corn *Apple Orchard Jello Fruit/Veggie Bar Milk Choices	<b>13</b> A. Spaghetti with Meatballs & Garlic Bread B. Poor Boy Sub Glazed Baby Carrots Fruit/Veggie Bar Milk Choices	<b>14</b> A. Chicken Nuggets B. Turkey Sub *Harvard Beets Chocolate Chip Cookie Fruit/Veggie Bar Milk Choices	<b>15</b> A. Pulled Pork on Flatbread B. Chicken Caesar Wrap Baked Beans Fruit/Veggie Bar Milk Choices
<b>18</b> A. Cheesy Bacon Fries B. Crispy Chicken Salad Broccoli Fruit/Veggie Bar Milk Choices	<b>19</b> A. Tator Tot Casserole w Hot Roll B. Ham & Cheese Sub Creamed Peas *No Bake Cookies Fruit/Veggie Bar Milk Choices	<b>20</b> A. *Smothered Chicken Burrito B. Garden Veggie Salad Refried Beans Fruit/Veggie Bar Milk Choices	<b>21</b> A. Pizza (Beef/Cheese) B. Maple Glazed Chicken Salad Carrots *Pudding Squares Fruit/Veggie Bar Milk Choices	<b>22</b> A. Crispy/Spicy Chicken Sandwich B. Roast Beef Sub Corn Fruit/Veggie Bar Milk Choices
<b>25</b> A. Cheesy Mac & Beef w/Bread Stick B. Oriental Turkey Salad Broccoli Fruit/Veggie Bar Milk Choices	<b>26</b> A. Chicken Stir Fry over Chowmein Noodles B. Chicken & Cheese Sub Cheesy Cauliflower Fruit/Veggie Bar Milk Choices	<b>27</b> A. Corn Dog B. Chef Salad Green Beans *Oatmeal Scotchies Fruit/Veggie Bar Milk Choices	<b>28</b> A. Sloppy Joe B. Rainbow Citrus Salad Corn Fruit/Veggie Bar Milk Choices	<b>29</b> A. Philly Steak Sandwich B. BBQ Chicken Wrap *Sweet Potato Fries *Sorbet Cup Fruit/Veggie Bar Milk Choices